

Session 10

Rhythm workouts 2/4 and quavers.

Reflections Take 1: Pattern 1, Pattern 2, Pattern 3.

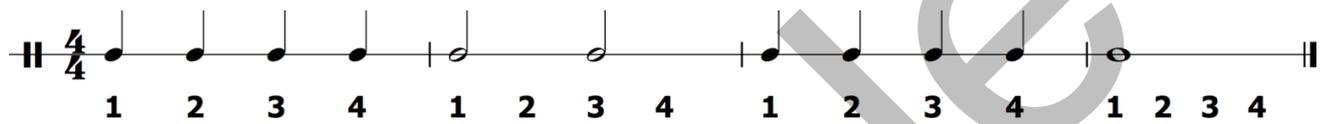
Reflections Take 1.

Resources:

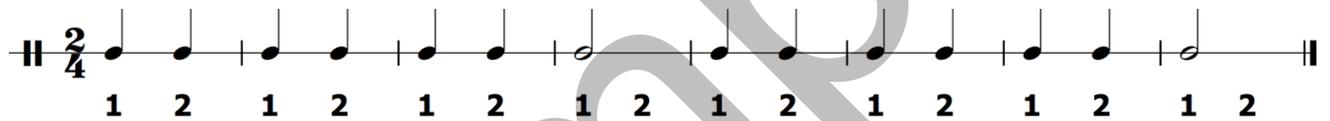
Groove 'n' Play CD Tracks 11 – *Reflections*, CD Rom Session 10 PowerPoint.

Rhythm (Slide 2)

Workout 1



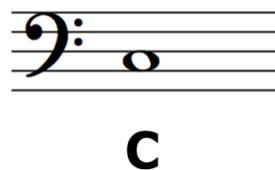
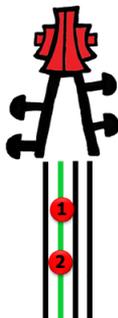
Workout 2



Workout 3

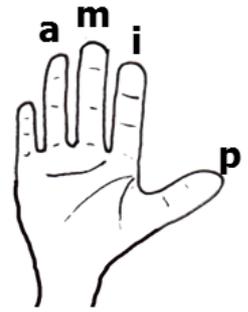


Bass Note (Slide 3)



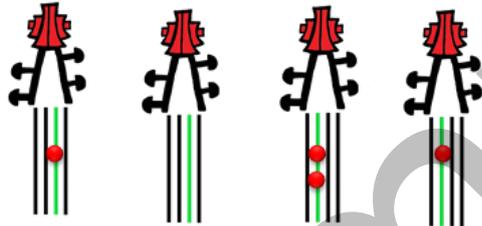
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Reflections Take 1-Pattern 1 (Slide 4)



Guitar

Bass



The Quaver(s) 1/2 count/beat (Slides 5-6)



Rhythm 2 4

Workout 4

1 2 1 2 1 2 1 2 1 2 1 2 1 2

Workout 5

1 2 1 + 2 + 1 2 1 + 2 +

Workout 6

1 + 2 1 + 2 1 + 2 + 1 + 2 + 1 2